

SPOKANE COUNTY FIRE DISTRICT 8

Physical Ability Test

The applicant will wear the following:

- Structural helmet
- PBI brand Structural turnout coat and pants
- NFPA approved structural fire fighting gloves
- SCBA harness assembly with cylinder with a blacked-out mask.

The applicant will be responsible for providing a comfortable pair of athletic shoes or fire service type boots. The applicant can use his/her own PBI brand structural turn outs as long as they meet the requirements specified above.

Event # 1

The Maze

The applicant will complete a search maze while wearing the above mentioned protective clothing. The applicant will be instructed to follow either the right or left wall. There is no victim to find, however the applicant will have to overcome any obstacles they may encounter and complete the course.

The applicant will fail in the event if he/she does not complete the course, or if he/she removes the mask during the exercise. Exercise is not timed.

Event #2

Agility Course

Exercise 1

STAIR CLIMB WITH HOSE PACK

Carry 50ft. of 1 ¾" fire hose up to the 3rd floor landing and drop in designated area, return to start line and pick up 2nd 50ft. of 1 ¾" fire hose and carry to the 3rd floor landing and drop in designated area. You must touch every step on the way up and down.

Following the exercise, move to exercise #2.

Exercise 2

HOSE HOIST

Move to 3rd floor balcony and hoist 2 separate 50ft. rolls of 2 ½” fire hose to the third floor. (Each hose roll is hoisted separately). The station will be complete when both hose rolls clear the railing and are placed on the floor. Following the exercise, move to exercise #3.

Exercise 3

FORCIBLE ENTRY

Advance to the forcible entry simulation. You will pick up the mallet and move a 170lb beam 5ft. by striking it with the mallet. Pulling the beam is not permitted. Following the exercise, move to exercise #4.

Exercise 4

HOSE ADVANCE

Pick up a charged 1 ¾” fire hose line with nozzle and drag it 75ft, open the nozzle and hit a target, close the nozzle and set the line down. Following the exercise, move to exercise #5.

Exercise 5

VICTIM DRAG

Drag a 175lb rescue dummy 100ft. across the finish line to complete the course.

Maximum time

The applicant will complete all 5 events in the time of 7:00 minutes or less.